

_____ ' Goal Ladder

My Goal: _____

My Deadline: _____

My Reward: _____

A goal ladder diagram consisting of two vertical lines connected by eight horizontal rungs. To the left of the rungs, there are eight right-pointing arrows, each aligned with one rung. Each rung has a small square box on its left side, positioned between the arrows and the rung. The rungs are evenly spaced and have rounded ends.